

Wilkes County Comprehensive Resource Directory

Developed and Distributed by the Wilkes County Health Department

Resource Name	Phone	Address/Website	Office Hours	Services
Car Seat/Safe Kids				
Fire Marshall's Office	336-921-7533	580 Poplar Grove Rd., Wilkesboro, NC 28697	Monday-Friday 8:30am-5:00pm. Call for appointments	Providing education and services for protection against injuries related to safety at home, car, water, boat, fire safety, and fire investigation.
Wilkes County Sheriff's Dept.	336-903-7600	381 Executive Drive Wilkesboro, NC 28697 http://wilkescountysheriff.net/	24 hours a day Call for appointments	The Sheriff's Office is responsible for ensuring all residents' and visitors' safety in a county that covers 758 square miles. Our Mission, "We the members of the Wilkes County Sheriff's Office strive to facilitate justice through service and protection while providing a safe and secure environment for Wilkes County."
Wilkesboro Fire Department	336-667-6228	400 S. Cherry St., Wilkesboro, NC 28697 http://www.wilkesboronorthcarolina.com/n_page_dsp_g.php?page_id=no_twsv1	24 hours a day Call for appointments	The Wilkesboro Fire Department is located at 400 South Cherry Street and provides 24 hour protection to the 6.3 square miles and nearly 3200 residents of Wilkesboro, North Carolina. The department is made up of a full-time Chief, 3 full-time Engineers, 30+ Volunteer Firemen, 2 Junior Firemen, and a very strong retired firefighter community.
Wilkesboro Police Dept.	336-667-7277	100 West St Wilkesboro, NC 28697 www.wilkesboronorthcarolina.com/police.php	24 hours a day Call for appointments	The Wilkesboro Police Department is staffed with twenty-one full-time police officers, two reserve police officers, and two administrative assistants. We operate with two main divisions; patrol and support operations encompassing four patrol teams and three specialized sections. We operate on a 24/7 schedule system ensuring the town always has continuous police coverage.
Wilkes County Health Department	336-651-7450	306 College Street Wilkesboro, NC 28697	Monday-Friday 8:30am-5:00pm. Call for appointments	Car seat technician on staff. Call for appointments
Clothing Assistance				
Byrd Ridge Crisis Center, Clothing Closet	336-838-5847	737 Byrd Ridge Road, N. Wilkesboro, NC 28659 www.peacehaven.org	Call for appointments	Byrd Ridge Crisis Center provides food and clothing to those in need in Wilkes and surrounding counties. Clients are seen by appointments only. These ministries are supported by donations from individuals, and churches in the Stone Mountain Baptist Association. All ministry workers are volunteers.
Ebenezer's Attic	336-838-2842	909 Main St, N. Wilkesboro, NC 28659 www.ebenezerfamily.org/attic	Monday, Tuesday, Thursday, Friday: 10:00am-5:00pm Wednesday: 9:00am-1:00pm Saturday: 9:00am-2:00pm	Community Thrift Store

Wilkes Ministry of Hope	336-903-1414	514 Elkin Highway N. Wilkesboro, NC 28659 http://brushymountain.com/hope.html	Monday 9am-2pm Tues: 9am-2pm Thurs: 9am-2pm	Food pantry, Christmas in July- Mark out Barcodes, and price the toys you collect 10 cents on the dollar. Deliver your gifts to H.O.P.E. Toy Store services over 1350 children. The Baby Closet- Collect any baby items such as diapers, wipes, toiletries, shoes, clothes 0-24 months. These items can be new or gently used. Wood shed ministry- bring wood to the wood shed so we will be well stocked for our clients use this winter. Baptist Aging Ministry (B.A.M.) Handymen and various other building and providing to the needy and elderly.
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Counseling Services, Mental Health, and Substance Abuse

Alcoholics Anonymous	336-667-5833	102 B Jefferson Street N Wilkesboro, NC 28659 http://aa.org	Call for schedule of meetings	Is a fellowship of men and woman who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.
Appalachian Counseling	336-667-0705	100 N Bridge Street Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm Call for appointments	Family Counselor
DonLin Counseling Service	336-838-7371	408 C Street N Wilkesboro, NC 28659	Monday-Friday 9:00am-5:00pm Call for appointments	To help the people in need. Serves individuals of all ages, who are dealing with difficulties and feel that their lives have become unmanageable. By providing these individual with a supportive setting conducive to therapeutic intervention, we can help individuals to once again have control of their lives and thrive.
Healing Tree Counseling Center	336-903-8733	1901 Boone Train, Wilkesboro, NC 28697	Call for appointments	Offers counseling and mental health services
Lynn Dutchman Counselor	336-838 - 0555	104 N West Street Wilkesboro, NC 28697	Call for appointments	Marriage and family counselor
Daymark Recovery Services	336-667-5151	1430 Willow Lane N. Wilkesboro, NC 28697	Monday-Friday 8:00am-5:00pm Call for more information	Daymark provides a number of resources and services for those seeking treatment of a mental illness or substance abuse

CareNet Counseling of Wilkes	336-838-1644	204 Jefferson St 106 N. Wilkesboro, NC, 28659	Monday: 9:00am-9:00pm Tuesday: 9:00am-9:00pm Thursday: 9:00am-6:00pm Friday: 9:00am-5:00pm	CareNet provides social services and rehabilitation service to those persons with social or personal problems requiring special service and to the physically challenged and the disadvantaged. Establishments primarily engaged in providing one or more of a variety of individual and family social, counseling, welfare, or referral services, including refugee, disaster, and temporary relief services. Provides services for all ages.
MESH (Mobile Expanded School Health)	336-651-7450	306 College Street Wilkesboro, NC 28697 http://www.wilkeshealth.com/services/teens/mesh-school-health-	Call for more information	To provide onsite aid and care to students. Dental, physicals, counseling, checkups, immunizations, referrals, ect.
Eckerd of Boomer	336-921-3300	4654 High Rock Road Boomer, NC	Monday- Friday 8:00am-5:00pm	Eckerd is a short-term juvenile justice residential service with complete rehabilitative experience delivered in an average of 90 days to 36 male youth, ages 13 to 17, as referred by the north Carolina department of public Safety Division of Juvenile Justice. Call for more details
Smoky Mountain Center	828-586-5501	379 New Market Blvd # 4 Boone, NC 28607 Http://www.smokymountaincenter.com/	Monday- Friday 8:00am-5:00pm Call for more information	Individuals in our region with developmental disabilities, mental health, and substance abuse needs have access to timely, evidence-based, and culturally sensitive prevention, treatment, and support services in their communities.
Mountain Health Solutions	336-818-0607	205 6th St. N. Wilkesboro, NC 28659	Monday-Saturday 5:00am-11:00am Sunday 6:00am-8:00am	Provide medical assisted withdrawal and detoxification services to get you stabilized so you can continue with daily life while you quit for good. You'll also get the counseling, resources and support you need to build a new life for yourself, healthy and sober. All of our services are provided on an outpatient basis, so you can meet your work, family and relationship commitments while you go through this process. Best of all, getting into our outpatient treatment program is fast, easy and affordable. In fact, its covered by most insurance.
Synergy Recovery	336-667-7191	118 New River Center Road N. Wilkesboro, NC 28659	Call for more information	Mental Health Substance abuse services. Person with co-occurring mental and substance abuse disorders. Residential short term treatment (30 days or less) for substance abuse treatment, detoxification.
Barium Springs	336-667-3333	507 Courthouse Drive Wilkesboro, NC 28697 Http://www.rainbowcenterforchildren.org/index.cfm	Monday-Friday 8:00am-5:00pm Call for more information	Serving North Carolina's children and families now; making a difference for the future. Currently, we offer services in 41 North Carolina counties. We have 12 different office locations. Our headquarters are located in Statesville, NC with regional offices in Wilkesboro and Asheville. Provide "A Safe Home" through group homes, therapeutic foster care and adoption programs. "Heal the Hurt" for individuals those are troubled, abused or neglected. Encourage "a healthy Start" through educational, prevention and developmental programs.

Jodi Province Counseling Service	336-818-0733	1260 College Avenue, Ste 1 Wilkesboro, NC 28697 jodiprovincecs.webs.com	Monday-Friday 8:00am-5:00pm Call for more information	PLLC is a private outpatient counseling agency, made up of local independent contracted counselors and medical professional, offering family, child, adolescent, adult therapy, and psychiatric services. JPCS, PLLC employs and contacts with licensed and provisionally licensed clinicians. Provide outpatient counseling for children, adolescents, adults, and families, full psychological evaluations for children and adults are available which include cognitive personality, and achievement assessments completed by licensed Psychological Associate.
Mullins and Mullins	336-667-2525	105 East Main Street Wilkesboro, NC 28697	Sunday 2:00pm-6:30pm Monday 9:30am-5:30pm Tuesday 9:30am-5:30pm Wednesday 9:30am-7:00pm Thursday 9:30am-5:30pm Friday 9:30am-3:30pm	Alcohol and Drugs Assessments, individual and Group Counseling, Alcohol Drug Education Traffic School (ADETS), DMV Evaluations, Short Term and Longer Term Treatment, and we offer Anger Management Assessments and Classes
SAFE (Sheltered Aid for Families in Emergency)	336-667-7656 (shelter) 336-838-7233 (Help Line) 336-838-9169 (Office)	1260 College Avenue Wilkesboro, NC 28697 http://safewilkes.org/home	24 hours a day	To provide safety and comprehensive intervention services to victims and survivors of domestic violence and sexual assault, and to promote the prevention of sexual violence and sexual assault through advocacy, public awareness and education, and coordinated community response. Safe serves women, men, teens and children whose lives have been affected by domestic and sexual violence in Wilkes and surrounding counties.
Region 3 TASC	336-667-4378	539 B Main Street North Wilkesboro, NC 28659	9:00am-12:00pm 2:00pm-4:00pm	Provides services to reduce the negative impact of substance abuse and mental illness on NC families, individuals and communities.
Narcotics Anonymous	336-452-1695	337 Wilkesboro Blv. North Wilkesboro, NC 28659	Call for meeting schedule	Local Narcotics Anonymous Meetings
Project Lazarus	336-667-8100	PO Box 261, Moravian Falls, NC 28654	8:30am-5:00pm	A non-profit drug overdose prevention program aimed at setting up action plans for the community. Providing tool kits and medical training for local medical care providers to address opioid misuse and abuse.

Wilkes Prison Ministry	336-667-4533	404 Statesville Rd. N. Wilkesboro, NC 28659	Call for more information	<p>Our goal is to continuously research and verify new avenues and opportunities to help inmates with their transition from incarceration back to freedom and give them hope as well as the opportunity to succeed in society to praise and glorify God through their success.</p> <p>In response to the call and example of Christ, Yokefellow Prison Ministry motivates and encourages prisoners, yoked in personal relationships with community volunteers, to examine their lives; experience in the forgiveness, healing and power of God's love; and return from incarceration with a covenant commitment to, and new disciplines for, personal responsibility and contribution to family and community.</p> <p>This is a much needed program which gives inmates or those on probation, parole or pretrial release, and overview of issues and problems they will face upon reentry into society. The classes help them focus on these areas, look at them realistically and formulate some goals and plans for addressing these issues and problems.</p>
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Community Health Centers

Boomer Medical Center	336-921-2273	156 Boomer Community Center Rd Boomer, NC 28606	Monday-Friday 8:00am-5:00pm Call for more information	Primary Care Physician
Mountain View Medical Center	336-696-2711	5229 Rock Creek Road Hays, NC 28635	Monday-Friday 8:00am-5:00pm Call for more information	Primary Care Physician
West Wilkes Medical Center	336-973-7050	171 West Wilkes Medical Center Rd Ferguson, NC 28624	Monday-Friday 8:00am-5:00pm Call for more information	Primary Care Physician

Community Resources

Clingman Community Center- Clingman	336-984-3247	3371 Clingman Road Ronda, NC 28670	Call for more information	Community center
Elkin Municipal Park- Elkin	336- 835-9814	399 Highway 268 West, Elkin, NC 28621	Call for more information	Community center and park
Ronda Community Walking Track-Ronda	N/A	N/A	N/A	Walking trail in Ronda Community
Wilbar Fire Dept. Walking Track- Wilbar	336-667-1547	10035 N Carolina 16, Millers Creek, NC 28651	Call for more information	Walking trail in Wilbar Community
Wilkes Senior Center- Mulberry	336-667-5281	228 Fairplains School Road, N Wilkesboro, NC 28659	Monday- Friday 7:30am-4:00pm	Senior citizens/ Respite service/ Transportation/ Activities

Crisis Intervention/Assistance

BROC	336-667-7174	710 Beech St. N. Wilkesboro, NC 28659	Monday -Friday 9:00am-5:00pm	A community action with the United Way of Wilkes County, and is a crisis intervention agency assisting with low income clients with electric, rent, emergency food, prescription assistance, heating fuel.
Catherine H. Barber Memorial Homeless Shelter	336-838-7120	86 Sparta Rd. North Wilkesboro, NC 28659	Call for information	Over 3,000 listings and includes emergency shelters.
SAFE (Sheltered Aid for Families in Emergency)	336-667-7656 (shelter) 336-838-7233 (Help Line) 336-838-9169 (Office)	1260 College Avenue Wilkesboro, NC 28697 http://safewilkes.org/home	Open 24/7	Safe is a not-for-profit agency serving women, men, teens, and children whose lives have been affected by domestic and sexual violence. We've helped people in Wilkes and surrounding counties of NC 1980. Safe's sexual assault program serves victims of sexual assault through hospital response, crisis call response, advocacy, counseling and psychoeducation. All services are free and confidential. Wilkes Regional Medical Center provides specialized care to victims of sexual assault.
Wilkes Ministry of Hope	336-903-1414	514 Elkin Highway N. Wilkesboro, NC 28659 http://brushymountain.com/hope.html	Monday 9am-2pm Tues: 9am-2pm Thurs: 9am-2pm	Food pantry, Christmas in July- Mark out Barcodes, and price the toys you collect 10 cents on the dollar. Deliver your gifts to H.O.P.E. Toy Store services over 1350 children. The Baby Closet- Collect any baby items such as diapers, wipes, toiletries, shoes, clothes 0-24 months. These items can be new or gently used. Wood shed ministry- bring wood to the wood shed so we will be well stocked for our clients use this winter (Saturdays Only). Baptist Aging Ministry (B.A.M.) Handymen and various other building and providing to the needy and elderly.
The Salvation Army	336-838-1145	910 C St # 5 , N. Wilkesboro, NC 28659 www.salvationarmyusa.org	Tuesday- Thursday 10am-3pm	Community Members
Wilkes Rescue Squad	336-667-2522	822 Boston Ave. N. Wilkesboro, NC 28659 http://www.wilkesems.com/contact_us.php	24 hours a day	Covering more than 756 square miles with a population of approximately 70,000 people, Wilkes County is the third largest county in the state.

Dentists

Andreski, Michael J DDS PA	336-667-1029	1511 Rivers St. Wilkesboro, NC 28697	Monday 8:00am-6:00pm Tuesday 8:00am-2:30pm Wednesday 8:00am-5:00pm Thursday/Friday 8:00am-1:00pm	General dentistry, pediatric dentistry, cosmetic dentistry, and restorative dentistry.
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Browder, Michael H DDS	336-838-8851	404 8th St. N. Wilkesboro, NC 28659	Monday-Wednesday 8:00am-12:15pm Thursday 7:30am-2:30pm Closed Friday	General dentistry, pediatric dentistry, cosmetic dentistry, and restorative dentistry.
Jordan, Todd S DDS PA	336-667-2201	921 Main St. N. Wilkesboro, NC 28659	Monday 8:00am-5:00pm Tuesday-Thursday 7:00am-3:00pm	General dentistry, cosmetic dentistry, and restorative dentistry.
Musson, Thomas M DDS PA	336-667-4114	120 Wilkesboro Ave. N. Wilkesboro, NC 28659	Monday-Thursday 8:30am-4:30pm	Pediatric dentistry
Ricketts, Robert DDS	336-667-4143	122 Wilkesboro Avenue, N. Wilkesboro, NC 28659	Monday-Thursday 8:00am-5:00pm	General dentistry, cosmetic dentistry, restorative dentistry,
Brushy Mountain Dental	336-667-9991	1401 Willow Lane. N. Wilkesboro, NC 28659	Monday-Thursday 8:00am-5:00pm	General dentistry, pediatric dentistry, cosmetic dentistry, and restorative dentistry
Salgado, Evelyn DMD	336-667-9014	1234 School St, Wilkesboro, NC, 28697	Tuesday 12:00pm-4:00pm Thursday 9:00am-4:00pm Saturday 8:00am-4:00pm	General dentistry, pediatric dentistry, cosmetic dentistry, restorative dentistry, and sedation dentistry
Shinaman, Brad C DDS	336-667-6081	406 8th Street N. Wilkesboro, NC 28659	Monday, Tuesday, Thursday, Friday 8:00am-4:00pm Closed Wednesday	General dentistry, pediatric dentistry, cosmetic dentistry, and restorative dentistry
Southern Dental Associates	336-838-9400/ 336-903-1234	1690 River St, Wilkesboro, NC, 28697	Monday-Friday 8:00am-5:00pm	General dentistry, pediatric dentistry, cosmetic dentistry, restorative dentistry, and sedation dentistry
Thakkar, Jagruti P DDS	336-667-5055	1201 School St. Wilkesboro, NC 28697	Monday-Thursday 8:00am-3:00	General dentistry
Wessels, Stephen J DMD PA	336-838-4119	1509 River St, Wilkesboro, NC, 28697	Monday-Thursday 8:00am-5:00pm	General dentistry
Wilkes Public Health Dental Clinic	336-903-9399	1915 West Park Drive #104 N. Wilkesboro, NC 28659	Monday-Friday 7:30am-5:30pm	General dentistry, pediatric dentistry, cosmetic dentistry, and restorative dentistry

Disability Services

Barium Springs	336-667-3333 866-667-3398	507 Courthouse Drive Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm Call for more information	The High Country first in Families Program is in operation under Barium Springs Home for Children. High Country first in families provides people with developmental disabilities and their families the resources and support necessary for them to live and work in the community.
Life Alliance LLC	336-838-5229	907 Sparta Road N Wilkesboro, NC 28659 http://www.lifealliancellc.com	Monday-Friday 9:00am-5:00pm Call for more information	Life Alliance is a private service provider offering one on one support to individuals of all ages with mental retardation and developmental disabilities. The job of our support staff is to teach and assist the consumer with daily living and self- help skills so that the consumer remains and active as well as an independent member of his/ her community. The staff may also provide support to the families of the consumer as necessary.
Lifespan Inc.	336-838-4926	2070 River Road, N Wilkesboro, NC 28659 www.lifespanservices.org	Monday-Thursday 7:00am-5:00pm Call for more information	Provides services and support for children and adults with intellectual and development disabilities. Adult Day Care, Alternative Family Living, Developmental Therapy, Vocational Rehabilitation, OT and PT Therapy Alternative Program, Day Activity, DD Case management, Enhanced Respite Care, Personal Care, Long Term Vocational Supports, Personal Assistance, Services for Individuals with TBI, Traumatic Brain Injury, ICF/MR targeted Case Management, Contracted Nursing, PT and FT.
Wilkes Adult Developmental Activity Program (ADAP)	336-667-1800	902 Boston Avenue, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm Call for more information	Job Coaching, day treatment services, Comp Ed, Vocational training.
Wilkes Center for the Deaf and Hard of Hearing	336-651-7822	910 C Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm Call for more information	The ability for the hearing to communicate with the hard of hearing and deaf communities.
VOCA- Community Alternatives	336-667-1902 336-667 0688 336-838-8791	301 College Street & 1002 Welborn Ave . Wilkesboro, NC 28697 restcare.com	Monday-Friday 8:00am-5:00pm Call for more information	Serve people of all ages. Services include Medication reminders, care management, Companionship and transportation, Daily Personal care Assistance, Homemaking, Live-in-care, skilled Nursing and Therapy, Hospital Support, Post-cosmetic Surgery care, Post-hospitalization, and support.
Wilkes Developmental Day School	336-838-3319	1021 Welborn Ave Wilkesboro, NC 28697, http://www.wilkesdevelopmentalday.org/	Monday-Friday 8:00am-5:00pm Call for more information	Day care center/ Nursery/ Child Care Provider/ Preschools & Kindergarten programs/ Infants to 22 years of age
Educational Services				
Smart Start of Wilkes	Office 336-838-0977, Fax 336-838-0782	PO Box 788 N. Wilkesboro, NC 28659, http://www.wilkesmartstart.com/index.php	Monday-Friday 8:00am-5:00pm Call for more information	Helping to find and pay for child care, Job Seek: assisting families in seeking jobs with free childcare, free parenting classes, Family Resources centers, help families learn English and life skills through a adult high school diploma, technical assistance to child care providers, assist startup of new child care homes and centers.

Wilkes Community College	336-838-6100, 1-866-222-1548	1328 South Collegiate Drive Wilkesboro, NC 28697, www.wilkescc.edu	Monday-Friday 8:30am-5:00pm	Wilkes Community College, a member of the North Carolina community College system, is a public, two year, open-door institution serving the people of Wilkes, Ashe, and Alleghany counties and beyond.
Wilkes County Schools Board of Education	336-667-1121	613 Cherry Street North Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Governing body of Wilkes County Schools. The Wilkes County School System is committed to excellence in teaching and to the belief that all students can learn. Our goal is to promote high expectation for student success through a partnership of school, home, and community. We understand strong leadership is the key to preparing students to be 21st Century learners
Wilkes Family Central/Smart Start	336-838-0977	374 LINCOLN HEIGHTS ROAD, WILKESBORO NC 28697	Monday-Friday 8:00am-5:00pm Call for more information	There is a lot going on at Wilkes Family Center with programs for all ages

Employment

Employment Security Commission	336-838-5164	103 Call Street Extension Wilkesboro , NC 28697 https://www.ncesc.com	Monday-Friday 8:00am-4:30pm Tues & Thur 8:00am-7:00pm. Saturday 8:00am-12:00pm	ESC programs, products and services work both individually and together to promote economic stability and growth in North Carolina's communities. Our goal is to create and be unified in a common understanding of our vision within the culture of the agency and with our stakeholders.
Employment Staffing	336-838-3219	316 Wilkesboro Ave. N. Wilkesboro, NC 28659 http://www.employmentstaffing.com	Monday-Friday 8:00am-5:00pm	Employment Staffing was incorporated in 1987 and is a full service staffing company devoted to supplying quality alternative staffing services to over 200 clients in North Carolina, South Carolina, Maryland, Georgia and Kentucky.
Goodwill Industries	336-838-5442	1821 US Hwy 421 Wilkesboro, NC 28697, http://www.goodwill.org/	Monday-Friday 8:00am-5:00pm	Goodwill's meet the diverse needs of people, including youth, seniors, veterans, immigrants, and people with disabilities, criminal backgrounds and other specialized needs.
Job Link Career Center	336-651-2540	312 Wilkesboro Avenue N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Job Link services the whole state
Kelly Services	336-838-7303	819 West D, N. Wilkesboro, NC 28659 http://www.kellyservices.com/Global/Home/	Monday-Friday 8:00am-5:00pm	Is a not-for-profit professional association for office professionals with approximately 40,000 members and affiliates and nearly 600 chapters worldwide.
Work First	336-651-7400 336-903-7277	304 College Street, Wilkesboro, NC 28697, http://www.ncdhhs.gov/dss/	Monday-Friday 8:30am-5:00pm	North Carolina's temporary Assistance for Needy Families (TANF) program.
Wilkes Works	336-667-0694	902 Boston Ave N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Provide employment services

Fitness Resources and Centers

Playgrounds and outdoor facilities are available for use at all elementary schools in Wilkes County. For details or questions please see the school section for contact information and addresses.

Baptist Home Church	336-670-2213	2367 Sparta Rd N Wilkesboro NC 28659	Call for availability and resources	Free or reduced cost resource for physical activity. Call for more information.
Edgewood Baptist Church- Wilkesboro	336-667-2924	480 Moore Ridge Rd N. Wilkesboro, NC 28659	Call for availability and resources	Free or reduced cost resource for physical activity. Call for more information.
Greater Vision Baptist Church	336- 973-8131	1090 North Minton Road Millers Creek, NC 28651	Call for availability and resources	Free or reduced cost resource for physical activity. Call for more information.
Millers Creek Baptist Church	336- 838-4446	5100 Boone Trl Millers Creek, NC 28651	Call for availability and resources	Free or reduced cost resource for physical activity. Call for more information.
Moravian Falls Baptist Church	336-667-8690	1940 Moravian Falls Road Moravian Falls, NC 28654	Call for availability and resources	Free or reduced cost resource for physical activity. Call for more information.
Peace Haven Baptist Church	336-838-8871	737 Byrd Ridge Road N. Wilkesboro, NC 28659	Call for availability and resources	Free or reduced cost resource for physical activity. Call for more information.
Purlear Baptist Church- Purlear	336- 838-9010	413 Purlear Road Purlear, NC 28665	Call for availability and resources	Free or reduced cost resource for physical activity. Call for more information.
<i>Fitness Centers</i>				
Muzz's Gym	336-838-4345	458 NC 18, Moravian Falls, NC 28654	Monday -Friday 6:00am-9:00pm Saturday - Sunday 8:00am-4:00pm	Membership fitness center
Express YMCA	336-838-2152	1918 West Park Dr. N. Wilkesboro, NC 28659	Monday- Wednesday 5:00am – 8:00pm Thursday-Friday 5:00am – 7:30pm Saturday: 8:00am- 12:00pm Sunday: Closed	The Wilkes Family YMCA is active in the local community and offers a wide range of programs for the whole family including swim lesson, before and after school care and youth sports. The Y includes a comprehensive Wellness center with on- duty staff, group exercise programs, and silver Sneakers classes. Dedicated to social responsibility with efforts such as the Wilkes on Wheel, childhood obesity prevention program for under- served children in Wilkes County.

Family Y	336-838-3991	1801 YMCA Blvd Wilkesboro, NC 28697	Monday-Friday 5:00am – 9:00pm Saturday: 8:00am – 6:00pm Sunday: 1:00pm – 6:00pm	The Wilkes Family YMCA is active in the local community and offers a wide range of programs for the whole family including swim lesson, before and after school care and you sports. The Y includes a comprehensive Wellness center with on- duty staff, group exercise programs, and silver Sneakers lasses. Dedicated to social responsibility with efforts such as the Wilkes on Wheel, childhood obesity prevention program for under- served children in Wilkes County.
Wilkes Aquatic and Fitness Center	336-838-7300	418 Wilkesboro Boulevard Wilkesboro, NC 28697	Call for hours	Membership fitness center with pool
Anytime Fitness	336-973-4348	1108 D St, North Wilkesboro, NC 28659	24 hours a day	Membership fitness center
Kinetic Fitness and Training	336-990-0075	102 Wilkesboro Ave, N. Wilkesboro, NC 28659	Monday - Thurs: 5:00am-10:00PM Friday - 5:00am-9:00pm Saturday- 8:00am-8:00pm Sunday- 12:00pm-6:00pm	A full service gym with free weights, cardio, circuit Training equipment, aerobic and strength classes, nutrition and personal training services, and child care during peak hours. There are no contracts and offer very flexible payment options.
Curves- Wilkesboro	336-838-1438	2818-B W. U.S. Highway 421. Wilkesboro, NC 28697	Monday-Thursday 7:30am-1:00pm 4:00pm- 7:00pm Friday 7:30am-1:00pm Saturday -Sunday Closed	Fitness Center. The Curves 30-minute workout exercises every major muscle group and burns up to 500 calories through a proven program of strength training, cardio and stretching.
Food Assistance				
Food and Nutrition Services (DSS)	336-651-7400	304 College Street Wilkesboro, NC - 28697 http://www.ncdhhs.gov/dss/local/di/wilk.htm	Monday-Friday 8:30am-5:00pm	FNS is a federal food assistance that helps low income families. In North Carolina monthly allotments of FNS benefits are issued via electronic Benefit Transfer cards (EBT cards).
Samaritan Kitchen of Wilkes	336-838-5331	164 Union School Dr N. Wilkesboro, NC 28659, P.O. Box 1072 Wilkesboro, NC 28697, http://www.scmofwilkes.org	Call for assistance	Food assistance. On average, we assist nearly 100 families each week with just one of our food programs and over 600 children through our Backpack Program
BROC	336-667-7174	710 Beech Street, N. Wilkesboro, NC 28659, brocads@charter.net	Monday-Friday 8:30am-4:30pm	Low income clients, Electric, Rent, Emergency food, Prescription Assistance, Heating fuel.

Wilkes Ministry of Hope	336-903-1414	514 Elkin Highway N. Wilkesboro, NC 28659 http://brushymountain.com/hope.html	Monday 9am-2pm Tues: 9am-2pm Thurs: 9am-2pm	Food pantry, Christmas in July- Mark out Barcodes, and price the toys you collect 10 cents on the dollar. Deliver your gifts to H.O.P.E. Toy Store services over 1350 children. The Baby Closet- Collect any baby items such as diapers, wipes, toiletries, shoes, clothes 0-24 months. These items can be new or gently used. Wood shed ministry- bring wood to the wood shed so we will be well stocked for our clients use this winter. Baptist Aging Ministry (B.A.M.) Handymen and various other building and providing to the needy and elderly.
Byrd Ridge Crisis Center, Clothing Closet	336-667-3243 336-838-5847	737 Byrd Ridge Road, N. Wilkesboro, NC 28659, www.peacehaven.org	Call for assistance	Provides food and clothing to those in need in Wilkes and surrounding counties. Clients are seen by appointments only. These ministries are supported by donations from individuals and churches in the Stone Mountain Baptist Association. All ministry workers are volunteers.
Home Health Care				
Autumn Touch Home Care	336-667-3007	915 Main Street N. Wilkesboro, NC 28659, www.Autumnoakhomocare.com	Monday-Friday 8:00am-4:00pm	Serve those from 3 years and up. Services provided by a Certified Nursing Assistant. Some services provided are In home personal care, housekeeping, companionship, cooking.
Bayada Nurses	336-723-1000	46 Boone Trail, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-4:00pm	BAYADA provides a broad spectrum of nursing, rehabilitative, therapeutic, and assistive home health care services for adults and children.
Home Care of WRMC	336-903-7700	1907 West Park Drive N. Wilkesboro, NC 28659	Monday-Friday 8:00am-4:00pm Nurse on call 24 hours a day for emergencies	HOME HEALTH provides home visits that follow a customized therapeutic treatment plan designed for the patient that may include nursing, physical, occupational, and speech therapies, In-home aide, and medical social work services to patients of all ages. HOSPICE provides care to patients with terminal illness and helps them and their families cope in familiar surroundings. The staff concentrates on relieving pain and other symptoms that often accompany a terminal illness. Physical, emotional, social, and spiritual support is provided to the patient and family. COMMUNITY ALTERNATIVE PROGRAMS (CAP) is available for disabled adults and children. This service provides medical care assistance to families in keeping loved ones at home through social intervention, personal care, and light housekeeping.
Home Instead Senior Care	336-838-4040	1320 W D St # 1A N. Wilkesboro, NC 28659	Monday-Friday 8:00am-4:00pm	Home care for Seniors.
Life Alliance LLC	336-838-5229	211 Craig Street N. Wilkesboro, NC 28659	Monday-Friday 8:00am-4:00pm	We are approved by the Community Alternative Program for intellectual and Developmental Delays (CAP/I/DD) and North Carolina Medicaid to provide the following service. Personal Care, Enhanced Personal Care, Enhanced Respite, Respite, Home and Community Supports, Supported Employment

Team Nurse of NC Inc.	336-667-7881	37 Boone Trl Wilkesboro, NC 28697	Monday-Friday 8:00am-4:00pm	We offer a supportive environment to each family. We are here to help you by providing professional and caring personnel for you daily living needs. Our nursing assessment can be done right in your loved one's home. The nurse will be glad to answers any questions you may have. Individual Assessments, Guidance, Family support, Recommendations for recourses, Assistance with other medical needs when they arise.
Housing				
Woodfield Oak Apts.	336-667-8814	<i>Mailing Address:</i> PO Box 1002 Wilkesboro, NC 28697 <i>Physical Address:</i> 1300 Oakhill Drive Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm	Are not income based
Appalachian Housing Initiative	336-667-1590	1710 Parkwood Drive Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm	Affordable housing
Woodlawn Apts. For the Elderly	336-667-8744	111 Reynolds Rd N Wilkesboro NC 28659	Monday-Friday 9:00am-5:00pm	Affordable housing for elderly
Cub Creek Apartments	336-667-8979	1201 Industrial Park Road, Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm	Northwestern Regional Housing Authority provides essential housing services to our less fortunate neighbors in the mountain counties.
Covington Way	336-464-6134	1006 Gateway Ave. Wilkesboro, NC 28697	Monday- Friday 8:00am-5:00pm	Workforce Housing, Affordable Housing
Finley Village Apartments	336-667-1894	309 Finley Avenue, N. Wilkesboro, NC 28659	Monday-Friday 9:00am-5:00pm	Seniors and families with low income, Family housing that's based on low income, Senior housing, Handicap accessible
Glenn Hill Apartments	336-838-1844	1401 River Street, Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm	Family housing, senior housing, low income housing tax credit, handicap accessible
N. Wilkesboro Housing Authority	336-667-3203	101 Hickory Street, N. Wilkesboro, NC 28659	Monday-Friday 9:00am-5:00pm	Affordable Housing.
The Ark (Elkin)	336-835-1082	188 Claremont Drive Elkin, NC 28621	Monday-Friday 9:00am-5:00pm	First priority is given to families with children; single women are considered next, followed by married couple without children, single men are not served.
Walden Ridge	888-665-7960	126 Walden Point Dr Wilkesboro NC 28697	Monday-Friday 9:00am-5:00pm	Affordable housing
Windemere Apartments	336-838-4413	1323 Collegiate Dr, Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm	Windemere Apartments I & II is a 96 unit community with a beautiful rural backdrop in Wilkesboro, NC. (48 units each partnership Windemere (I+II) w We also have some accessible units designed for individuals with disabilities. We are also pleased to work with those needing reasonable accommodations or modifications. Some units of rental assistance are available and we are accepting those with section 8 vouchers.

Wilkes Towers Ltd	336-838-8552	830 Main St Ofc 200, N. Wilkesboro, NC 28659	Monday-Friday 9:00am-5:00pm	On Site Management, Air Conditioning, Cable TV Ready, Carpet, Controlled Access, Laundry Facilities, Utilities Paid, Pets permitted, Parking, 24 hour maintenance, Senior housing Elevator
Wilkes Habitat for Humanity	336-838-3044	320 Cothren St. Wilkesboro, NC 28697	Monday-Friday 9:00am-5:00pm	Habitat for Humanity builds and sells home to qualifying partner families at a price that is affordable. We do this by building simple and decent homes using volunteer labor, and by financing the sale of our homes with a fixed rate zero-interest mortgage. Our homebuyers must contribute 'sweat equity' hours to the construction of their homes, and manage the maintenance of their own homes using their own income. Wilkes Habitat for Humanity collects escrow funds for property taxes and homeowners insurance along with the mortgage payment, which must be made on time each month. Please call for more information.
Woods Edge Apartments	336-838-7606	226 Peace St, N Wilkesboro, NC 28659	Monday-Friday 9:00am-5:00pm	Affordable housing to low income families
Legal Advice/Services				
NC Bar Association	1-800-662-7407 1-919-677-0561	8000 Weston Parkway Cary, NC 27513 www.ncbar.org/public-pro-bono/lawyer-referral-service	Call for availability	Anyone who in search of a lawyer referral
Legal Aid	336-838-0977	102 West third Street, Suite 460, Liberty Plaza, Winston-Salem, NC 27101 www.legalaidnc.org	Call for availability	The Staff of Legal aid of North Carolina- Winston-Salem office provides legal assistance in civil matters (non-criminal matters) to eligible, low-income clients who have problems with their basic needs and live in the nine-county area surrounding Winston- Salem, NC : Alleghany County, Ashe County, Ashe County, Davie County, Forsyth County, Iredell County, Stokes County, Surry County, Wilkes County or Yadkin County.
Wilkes Clerk of Court	336-667 1201	500 Courthouse Drive Wilkesboro, NC 28659	Monday-Friday 8:30am-5:00pm	The Clerk of Superior Court is elected for four years and must be a resident of the county in which he or she is elected. The Clerk has exclusive original jurisdiction over matters relating to the probate of wills, and the administration of estates, including appointing personal representatives, auditing their accounting, and removing them from office if necessary. The Clerk also presides over many other legal matters including adoptions, incompetency proceedings, condemnation of private lands for public use, and foreclosures. The Clerk is responsible for all clerical and record-keeping functions of the district and superior court. In addition, the Clerk receives and disburses money collected each year from court fees and fines.
Wilkes Juvenile Justice	336-667-1265	500 Courthouse Dr. Suite 1071 Wilkesboro, NC 28697 www.ncdjdp.org	Monday-Friday 8:30am-5:00pm	By December 2016, DJJDP will be operating an integrated, comprehensive juvenile justice system providing exemplary services to youth and to their families at the times and places where our services will have the greatest positive impact. Call for more information.
Medical Centers				

Wilkes Regional Medical Center	336-651-8100	1370 West D Street N Wilkesboro,	24 hours a day	Community hospital
Wilkes Regional Medical Center Credit & Collections	336-651-3670	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Financial services for Wilkes Regional Medical Center
Wilkes Regional Medical Center Diagnostic Center at West Park	336-903-7100	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Offers Digital Mammography, CT, Ultrasound, Radiology, Bone Densitometry and outpatient laboratory services. Emergent and Inpatient services will continue to be provided at the hospital, along with MRI, Nuclear Medicine, and Cardiac CTA services on our new 64 slice CT scanner.
Wilkes Regional Medical Center Dialysis Center	336-667-3762	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Saturday 6:30am-4:30pm	The Wilkes Regional Dialysis Center provides outpatient hemodialysis services to patients population who have been diagnosed with renal failure.
Wilkes Regional Medical Center Education and Lactation Center	336-651-8547	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	The New Beginnings Birthing Center has one International Board Certified Lactation Consultant (IBCLC) on staff, available for assistance and support during your hospital stay. The lactation consultant is also available on an out-patient basis for breastfeeding assistance and support, infant weight checks, and to assist with breast pump rentals and breastfeeding supplies. For an appointment time, or to talk with one of our Lactation Consultants on our Breastfeeding Warm-Line, call (336) 651-8547.
Wilkes Regional Medical Center Emergency Department	336-651-8100	1370 West D Street, N. Wilkesboro, NC 28659	24 hours a day	The Emergency Department provides treatment and stabilization to all patients seeking emergency medical care.
Home Care of WRMC	336-903-7700	1907 West Park Drive N. Wilkesboro, NC 28659	Monday-Friday 8:00am-4:00pm Nurse on call 24 hours a day for emergencies	HOME HEALTH provides home visits that follow a customized therapeutic treatment plan designed for the patient that may include nursing, physical, occupational, and speech therapies, In-home aide, and medical social work services to patients of all ages. HOSPICE provides care to patients with terminal illness and helps them and their families cope in familiar surroundings. The staff concentrates on relieving pain and other symptoms that often accompany a terminal illness. Physical, emotional, social, and spiritual support is provided to the patient and family. COMMUNITY ALTERNATIVE PROGRAMS (CAP) is available for disabled adults and children. This service provides medical care assistance to families in keeping loved ones at home through social intervention, personal care, and light housekeeping.

Wilkes Regional Medical Center Hospice of Wilkes	336-903-7700	1907 West Park Drive N. Wilkesboro, NC 28659	Monday-Friday 8:00am-4:00pm Nurse on call 24 hours a day for emergencies	<p>HOME HEALTH provides home visits that follow a customized therapeutic treatment plan designed for the patient that may include nursing, physical, occupational, and speech therapies, In-home aide, and medical social work services to patients of all ages.</p> <p>HOSPICE provides care to patients with terminal illness and helps them and their families cope in familiar surroundings. The staff concentrates on relieving pain and other symptoms that often accompany a terminal illness. Physical, emotional, social, and spiritual support is provided to the patient and family.</p> <p>COMMUNITY ALTERNATIVE PROGRAMS (CAP) is available for disabled adults and children. This service provides medical care assistance to families in keeping loved ones at home through social intervention, personal care, and light housekeeping.</p>
Wilkes Regional Medical Center Mammography	336-903-7130	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	The use of mammogram for women who are asymptomatic, meaning they have no complaints or symptoms of breast cancer. Its purpose is to identify breast abnormalities before they can be detected through breast self-exams or clinical breast exams. Screening mammograms generally involve taking x-rays from two views of each breast and can be completed in less than 15 minutes. According to the FDA, screening mammograms can detect 85% to 90% of all breast cancers. A baseline/screening mammogram, is recommended between the ages of 35 and 40.
Wilkes Regional Medical Center New Beginnings Birthing Center	336-651-8547	1370 West D Street, N. Wilkesboro, NC 28659	24 hours a day	<p>New Beginnings Birthing Center of WRMC provides Family Centered Maternity Care for the birth of your baby, and understands the importance of families being together at this time. This is an experience a woman and her family will cherish and we believe that it is a privilege to share in this special time. You may choose from several options to make your baby's birth a memorable event. We offer a single room for your delivery experience and women deliver their babies in the same room in which they labor. The first moments with Mom and family are priceless. Individualized care for you and your baby are available according to your wishes. You may choose to keep your baby in your room or in the Nursery. Our staff is always available to help with any questions.</p> <p>New Beginnings Education/Lactation Center offers many programs to help families prepare for an upcoming birth, as well as programs to promote mother-baby relationships after delivery</p>
Wilkes Regional Medical Center Rehab Services	336-651-8100	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00 pm Saturday-Sunday 8:00 am-3:00 pm	Rehabilitation Services of WRMC works to help restore function, prevent disability and provide education for adults and children.

Wilkes Regional Medical Center Switchboard	336-651-8100	1370 West D Street, N. Wilkesboro, NC 28659	24 hours a day	Main number to Wilkes Regional Medical Center
Hugh Chatham Memorial Hospital	336-527-7000	180 Parkwood Drive Elkin, 28621	24 hours a day	Community hospital
Mountain View Medical Center	336-696-2711	5229 Rock Creek Road Hays,		Primary Care Physician
Wilkes County Health Department	336-651-7450	306 College Street, Wilkesboro, NC 28679	Monday-Friday 8:30am-5:00pm	Offers family planning services, sick visits, on site pharmacy, and WIC. Call for more information.
Wilkes Diabetes and Nutrition Center	336-667-0460	234 Jefferson St. North Wilkesboro NC, 20659	Monday-Friday 8:30am-5:00pm	The Wilkes County Diabetes and Nutrition Center began in 2009 as part of the Wilkes County Health Department. Since then, it has grown to become the largest American Diabetes Association accredited Health Department Diabetes program in the state. Working with the Health Foundation, Wilkes Regional Medical Center, and at the request of the medical community, the Diabetes and Nutrition Center opened its new building on Jefferson Street in August 2012. Services We Offer: Individual or group sessions with a Registered Dietitian, diabetes self management classes during the day or in the evening, more than just diabetes care: our Medical Nutrition Therapy program helps patients manage diabetes (type 1, type 2, and gestational), weight, eating disorders, hypertension, hyperlipidemia, renal disease, Celiac Disease, food allergies, sports nutrition, and other diagnoses. Spanish interpretation/Interprete de Espanol. Tenemos un intérprete de español para las citas sin costo adicional. Free monthly newsletter for persons interested in learning more about nutrition, diabetes and other resources in the community; email Jerry jmayberry@wilkescounty.net to sign up (you do not need to be a patient of our center to sign up for the newsletter). A comprehensive Diabetes Resource Guide for Wilkes County. "Dining with Diabetes:" A series of three classes that includes learning, demonstrations, and tasting of healthy foods. It is designed for people with diabetes and their family members, and offered in partnership with Cooperative Extension twice each year. Contact us to find out more information and the next available class.
Neglect/Abuse Services				
Department of Social Services	336-651-7400	304 College Street Wilkesboro, NC - 28697 http://www.ncdhhs.gov/dss/local/di/wilk.htm	Monday-Friday 8:30am-5:00pm	Child protective services, adult protective services,

SAFE (Sheltered Aid for Families in Emergency)	336-667-7656 (shelter) 336-838-7233 (Help Line) 336-838-9169 (Office)	1260 College Ave. Wilkesboro, NC 28697	call 24/7	Safe is a not-for-profit agency serving women, men, teens, and children whose lives have been affected by domestic and sexual violence. We've helped people in Wilkes and surrounding counties of NC 1980. Safe's sexual assault program serves victims of sexual assault through hospital response, crisis call response, advocacy, counseling and psychoeducation. All services are free and confidential. Wilkes Regional Medical Center provides specialized care to victims of sexual assault.
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New Parents/Breastfeeding Information

WIC (Women, Infants & Children), WCHD	336-651-7450	232 Jefferson Street North Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women; infants; and children up to age 5 who have a nutrition-related health problem. WIC works to prevent and improve nutrition-related health problems in its target population. Who may receive services? Pregnant, breastfeeding, or postpartum women, infants, or children under five years of age that have a medical or nutritional problem and meet the income guidelines are eligible for this program. Applicants are referred to WIC from Health Department clinics, private physicians, social service agencies, or by the applicants themselves. A review of the medical data, residence and income is conducted to determine eligibility. If the applicant is eligible, he/she will receive vouchers for supplemental foods that can be purchased at local grocery stores and/or pharmacies. The WIC Program provides a combination of nutrition education, supplemental foods, breastfeeding promotion and support, and referrals to health care.
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WRMC, New Beginnings Birthing Center	336-651-8547	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	The New Beginnings Birthing Center has one International Board Certified Lactation Consultant (IBCLC) on staff, available for assistance and support during your hospital stay. The lactation consultant is also available on an out-patient basis for breastfeeding assistance and support, infant weight checks, and to assist with breast pump rentals and breastfeeding supplies. For an appointment time, or to talk with one of our Lactation Consultants on our Breastfeeding Warm-Line, call (336) 651-8547.
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Wilkes Pregnancy Care Center	336-838-9272	1224 School Street Wilkesboro, NC 28697 www.wilkespcc.com	M-W-F 10:00am-3:00pm Tues-Thurs 10:00am-6:00pm	<p>Wilkes Pregnancy Care Center opened in 1996 and has been serving Wilkes and surrounding counties ever since. We are a nonprofit, non-denominational, non-political organization committed to providing care, compassion, information and support to anyone facing an unintended pregnancy. We offer free pregnancy tests and pregnancy support services to anyone in need. Other services we offer are:</p> <p><i>Carseats:</i> Offering infant and toddler car seats and booster seats free charge requires participation in Earn While You Learn Program.</p> <p><i>Clothing:</i> Baby clothing preemie up to size 18 months. Maternity clothes, free of charge(limit 3 pieces per visit)</p> <p><i>Counseling:</i> Mentor pregnant women, and teens facing unplanned pregnancy. Encourage and mentor single mothers or moms facing hardships. Provide support to individuals seeking abortion recovery. Completely confidential. All services free of charge.</p> <p><i>Crisis Intervention:</i> Mentoring and serving women and teens facing unplanned pregnancies, supportive, non-judgmental environment, all services completely confidential and free of charge.</p> <p><i>Food Assistance:</i> Providing assistance with baby formula, baby food and baby cereal free of charge, participation required.</p> <p><i>Medical:</i> Offering free pregnancy test and proof of pregnancy. Offering free OB ultrasounds.* All medical services provided under medical director Dr. Blackwell. * Some restrictions apply</p> <p><i>Neglect/Abuse:</i> Offering free parenting classes to individuals who have been referred from DSS and those seeking stronger parenting skills or guidance.</p>
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Wilkes Regional Medical Center Education and Lactation Center	336-651-8547	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	<p>The New Beginnings Birthing Center has one International Board Certified Lactation Consultant (IBCLC) on staff, available for assistance and support during your hospital stay. The lactation consultant is also available on an out-patient basis for breastfeeding assistance and support, infant weight checks, and to assist with breast pump rentals and breastfeeding supplies. For an appointment time, or to talk with one of our Lactation Consultants on our Breastfeeding Warm-Line, call (336) 651-8547.</p>
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Recreational Walking Trails

Playgrounds and outdoor facilities are available for use at all elementary schools in Wilkes County. For details or questions please see the school section for contact information and addresses.

Cub Creek Public Park	336-667-8804	206 S. Bridge St., Wilkesboro, NC 28697	Call for park hours	Park open to public
Rivers Edge Public Park	336-651-7355	1803 Industrial Wilkesboro, NC 28697	Call for park hours	Park open to public

Rendezvous Mountain State Forest (Closed December 1st- March 15th)	336-667-5072	1956 Rendezvous Mountain Rd, Purlear, NC 28665	Monday Closed Tuesday-Sunday 9:00am–5:00pm	Located in Purlear, NC , Rendezvous Mtn is an educational state forest open to the public, free of charge, from March until November yearly.
Stone Mountain State Park	336-957-8185	3042 Frank Parkway, Roaring Gap, NC 28668	Park Office Hours 8:00am- 5:00pm p.m. daily, except closed weekends, January, and state holidays. Call for park operating hours.	Camping trails, education and events, exhibits and historic sites, fishing, picnicking, and rock climbing
W. Kerr Scott Dam and Reservoir	336-921-3750	499 Reservoir Road Wilkesboro, NC 28697	Call for hours and access.	Camping trails, education and events, exhibits and historic sites, fishing, boating, and picnicking
Yadkin River Greenway	336-651-8967	717 Main Street N. Wilkesboro, NC 28659 www.yadkinrivergreenway.com/index.php	Open year round	Greenway open to public

Schools

Playgrounds and outdoor facilities are available for use at all elementary schools in Wilkes County. During school days, please limit use from 4pm-dark, and weekends from 8:00am- dark. For details or questions refer to contact information below.

Public School System				
Wilkes County Schools Board of Education	336-667-1121	613 Cherry Street North Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Governing body of Wilkes County Schools. The Wilkes County School System is committed to excellence in teaching and to the belief that all students can learn. Our goal is to promote high expectation for student success through a partnership of school, home, and community. We understand strong leadership is the key to preparing students to be 21st Century learners
Boomer-Ferguson Elementary	336-921-3015	556 Boomer-Ferguson School Road Boomer, NC 28606	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
CB Eller Elementary	336-835-5640	1288 C. B. Eller School Road Elkin, NC 28621	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5

CC Wright Elementary	336-838-5513	200 C. C. Wright School Road N. Wilkesboro, NC 28659	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Millers Creek Elementary	336-667-2379	4340 North No Highway 16, Millers Creek, NC 28651	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Moravian Falls Elementary	336-838-4077	2001 Moravian Falls Road, Moravian Falls, NC	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Mt. Pleasant Elementary	339-838-4077	532 Champion/Mt. Pleasant Rd. Ferguson NC, 28624	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Mountain View Elementary	336-696-5512	5464 Mtn. View Rd. Hays, NC 28635	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Mulberry Elementary School	336-670-2825	190 Mulberry School Rd., N. Wilkesboro, NC 28659	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
North Wilkesboro Elementary	336-838-2872	200 Flint Hill Road North Wilkesboro, NC 28659	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Roaring River Elementary	336-696-4628	283 White Plains Rd, Roaring River, NC 28669	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Rhonda-Clingman Elementary	336-651-4200	316 Ronda Clingman School Rd. Ronda, NC 28670	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Traphill Elementary	336-651-7160	9794 Traphill Road Traphill, NC 28685	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Wilkesboro Elementary	336-838-4261	1248 School Street, Wilkesboro, NC 28697	Monday- Friday 7:45am-4:00pm	Elementary school grades Pre K-5
Central Wilkes Middle	336-667-7453	3541 S NC Highway 16, Moravian Falls, NC 28654	Monday- Friday 7:45am-4:00pm	Middle School grades 6-8
East Wilkes Middle	336-928-9800	2202 Macedonia Church Road, Ronda, NC 28670	Monday- Friday 7:45am-4:00pm	Middle School grades 6-8
North Wilkes Middle	336-696-2724	2776 Yellow Banks Road, North Wilkesboro, NC 28659	Monday- Friday 7:45am-4:00pm	Middle School grades 6-8
West Wilkes Middle	336-973-1700	1677 N NC Highway 16, Wilkesboro, NC 28697	Monday- Friday 7:45am-4:00pm	Middle School grades 6-8
North Wilkes High School	336-957-8601	2986 Traphill Road, Hays, NC 28635	Monday- Friday 7:45am-4:00pm	High School grades 9-12
East Wilkes High School	336-651-7200	Highway 268, Ronda, NC 28670	Monday- Friday 7:45am-4:00pm	High School grades 9-12
West Wilkes High School	336-973-4503	6598 Boone Trl, Millers Creek, NC 28651	Monday- Friday 7:45am-4:00pm	High School grades 9-12
Wilkes Central High School	336-667-5277	1179 Moravian Falls Road Wilkesboro, NC 28697	Monday- Friday 7:45am-4:00pm	High School grades 9-12
Wilkes Early College High School	336-838-6247	1328 S. Collegiate Drive Randolph Hall, Suite 800 Wilkesboro, NC 28697	Monday- Friday 7:45am-4:00pm	High School grades 9-12, with the ability of earning an Associates Degree upon graduation. Total program is 5 years.
Private School System				

Millers Creek Christian School	336-838-2517	5100 Boone Trail P.O. Box 559 Millers Creek, NC 28651	Monday- Friday 8:00am-5:00pm	The mission of Millers Creek Christian School is to provide a balanced education that is Christ-centered and presents to students a Christian world-view. Millers Creek Christian School commits itself to a Christ-centered education, which leads to; a personal belief in God's word, a personal relationship with Jesus Christ, a passion for intellectual and cultural development, the building of a strong vibrant family, and a love for our Nation. Serves Pre K-12th grades
Senior Services				
Avante Nursing Home	336-838-4141	1000 West College Street Wilkesboro,	24 hours a day	Avante at Wilkesboro is as a skilled nursing facility and rehabilitation center with 24 hour care. Population served are elderly and people who are in need of physical, occupational, and speech therapy on a short and/or long term basis.
Westwood Hills	336-667-9261	1016 Fletcher Street Wilkesboro	24 hours a day	Westwood Hills is a skilled nursing facility and rehabilitation center with 24 hour care. Population served are elderly and people who are in need of physical, occupational, and speech therapy on a short and/or long term basis.
Foster Grandparents Program	336-846-4898	P.O. Box 831. Wilkesboro, NC 28697	Monday- Friday 9:00am-5:00pm	A volunteer organization for persons age 60 or older to participate in community services and for children with special needs.
Home Care of WRMC	336-903-7700	1907 West Park Drive N. Wilkesboro,	Monday- Friday 9:00am-5:00pm	Birth to death. Provides skilled nursing, physical therapy, and home health aide.
Home Instead Senior Care	336-838-4040	315 C. Street North Wilkesboro,NC 28659	24 hours a day	Home care for Seniors.
Pendry Family Care	336-838-5593	1445 Country Club Road Wilkesboro, NC 28697	24 hours a day	Assisted Living, Micro-Community: Residential care Facility, and Senior Community.
Respite Care	336-667-5962	228 Fairplains School Road, N Wilkesboro,	Monday- Friday 7:30am-4:00pm	We provide in home services and care to seniors age 60 and above throughout the Wilkes County area.
RHA Health Services	704-262-5450	Several locations in Wilkes and in Deep Gap	Monday- Friday 9:00am-5:00pm	RHA is a non-profit provider of services and supports for people with developmental and intellectual disabilities.
Rose Glen Village	336-667-2952	206 East Main Street Wilkesboro,	24 hours a day	Independent living community. Residency includes a complete array of services and accommodations, apartments available include the studio, one bedroom and two bedroom apartment homes..
Ruby Pardue Blackburn Adult Day Health Center	336-667-2541	1915 West Park Drive N Wilkesboro,	Monday- Friday 6:00am-6:00pm	Adult Enrichment Services of Wilkes is a non-profit organization doing business as The Ruby Pardue Blackburn Adult Day Care Center. Serves older adults who might have Alzheimer's, Parkinson's, heart disease or stroke. Middle aged adults who might have a psychiatric illness, or injuries from an accident. Young adults who might have cerebral palsy, Down's syndrome, or accident related injuries. Services provided are; Loving care, Safety, Medical Care, Personal care, Toileting, Bathing, shampooing, physical and other therapies, socialization, not isolation, meaningful activities, hot, nutritious, meals, special diets Scholarships available for individuals that may not be able to pay the full cost of care.

Wilkes Senior Resources	336-846-4898	228 Fairplains School Rd, N. Wilkesboro, NC 28659	Monday- Friday 9:00am-5:00pm	Senior companions serve older adults with special needs, especially older persons living in their own homes, in order to prevent and delay the need for institutionalization. Services are provided to senior in the hospital or nursing home due to lack of family to provide assistance. The Senior Companion Program provides a means for communities to reduce the social and economic problem of their citizens. The program employs 54 senior companions. Volunteer stations are: 1) Local Health department; 2) Senior centers; 3) Hospitals; 4) Hospice; 5) department of social services and; 6) Skilled nursing facilities. The senior must be 60 years old or older.
The Villages of Wilkes	336-667-2211	206 Brickyard Road N Wilkesboro	24 hours a day	Offers three levels of care. Independent living houses, assisted living facility and skilled nursing facility. Offers onsite staff and security system 24 hours a day, medical director and physician visits onsite, occupational, physical, speech and respiratory therapy, wellness plans developed by staff and family, assistance with activities of daily living and monitoring of medications, private and semi-private rooms with private baths, furnished and unfurnished rooms, daily housekeeping, bed and bath linens and personal laundry services, individually controlled heating and air conditioning, cable TV services, Three planned meals per day with dietary consultation on site. Social, cultural, educational. And spiritual activities, scheduled transportation. Beauty/Barber salon, private dining for guest and their families. Call for more details.
Wilkes Regional Medical Center	336-651-8100	1370 West D Street Wilkesboro, NC 28659	24 hours a day	Hospital offering a full line of comprehensive medical and education services.
Wilkes Senior Citizens Center	336-667-5281	228 Fairplains School Road, N Wilkesboro, NC 28659	Monday- Friday 7:30am-4:00pm	Senior citizens/ Respite service/ Transportation/ Activities
Pharmacies				
Care Connection Pharmacy	336-667-3259	110 Jefferson Street N. Wilkesboro, NC 28659	Call for availability	Provides medications for the under and uninsured population.
Blue Ridge Pharmacy				
1. Wilkesboro Ave	336-838-3782	306 Wilkesboro Avenue N. Wilkesboro, NC 28659	Monday -Friday 9:00am-6:00pm Saturday 9:00am-3:00pm	Prescription and over the counter medication, personal care and household items.
2. Sparta Road	336-667-6484	23 Sparta Rd Apt A N. Wilkesboro, NC 28659	Monday -Friday 9:00am-6:00pm Saturday 9:00am-3:00pm	Prescription and over the counter medication, personal care and household items.
Brame Huie Pharmacy	336-838-8988	1920 West Park Drive, N. Wilkesboro, NC 28659	Monday -Friday 8:30am-6:30pm Saturday 8:30am-2:30pm	Prescription and over the counter medication, personal care and household items.
CVS Pharmacy				

1. Sparta Road	336-667-0900	240 Sparta Road N Wilkesboro, NC 28659	Monday -Friday 8:00am-9:00pm Saturday 8:00am-6:00pm Sunday 10:00am-6pm	Prescription and over the counter medication, personal care and household items.
2. West D Street	336-838-5194	1320 West D Street N Wilkesboro, NC 28659	Monday -Friday 8:00am-9:00pm Saturday 8:00am-6:00pm Sunday 10:00am-6pm	Prescription and over the counter medication, personal care and household items.
Millers Creek Pharmacy	336-838-3145	3012 N NC Highway 16, Millers Creek, NC 28651	Monday - Friday 9:00am -6:30 pm Saturday 9:00am - 5:00pm	Prescription and over the counter medication, personal care and household items.
Rite Aid	336-667-1261	1350 West D Street N. Wilkesboro, NC 28659	8:00am-8:00pm	Prescription and over the counter medication, personal care and household items.
Wal-Mart	336-667-4337	1801 US Highway 421 Wilkesboro, NC 28697	Monday - Friday 9:00am -7:00 pm Saturday 9:00am - 6:00pm Sunday 11:00am-5:00 pm	Prescription and over the counter medication, personal care and household items.
Walgreens	336-651-2910	1395 West D Street N. Wilkesboro, NC 28659	24 hours a day	Prescription and over the counter medication, personal care and household items.
Wilkes Family Pharmacy	336-667-9347	1300 Westwood Ln Suite A, Wilkesboro, NC 28697	Monday -Friday 8:00am-7:00pm Saturday 8:00am-4:00pm	Prescription and over the counter medication, personal care and household items.
Physicians				
Anesthesiology				
Wilkes Regional Medical Center	336-651-8100	1370 West D Street N Wilkesboro, NC	24 hours a day	Anesthesia services
Cardiologists				
Heart Center of Wilkes	336-667-1001	1909 W Park Drive, N. Wilkesboro, NC 28659	Monday-Friday 8:30am-5:00pm	Cardiology services
Dermatology				
Piedmont Cosmetic Surgery & Dermatology Center, PA	336-667-3708	1915 W Park Dr, N. Wilkesboro, NC 28659	Monday-Friday 8:30am-5:00pm	Offers cosmetic surgery and dermatology services

North Wilkesboro Dermatology	336-667-6600	532 West Park Circle N. Wilkesboro, NC 28659	Monday-Friday 8:30am-5:00pm	General dermatology
Emergency Services				
Jonathon Kelly, M.D.	336-651-8100	1370 West D Street, N. Wilkesboro, NC 28659	24 hours a day	Offers emergency medical service through the Wilkes Regional Medical Center Emergency Department.
ENT				
Barry Ellis, M.D.	336-838-7758	1915 W Park Dr, St 107 N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine concerned especially with the ear, nose, and throat
Boone Regional Ear Nose & Throat Associates PLLC	336-651-8100	1915 West Park Drive, Suite 107 N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine concerned especially with the ear, nose, and throat
Family Practice				
Wilkes County Health Department	336-651-7450	306 College Street, Wilkesboro, NC 28679	Monday-Friday 8:30am-5:00pm	Offers family planning services, sick visits, on site pharmacy, and WIC. Call for more information.
Wilkes Family Health Center	336-667-4178	1534 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Mary Lou Church, M.D.	336-667-6363	1707 Industrial Dr. Wilkesboro, NC 28697	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Medical Associates of Wilkes	336-651-2980	1919 West Park Drive , Wilkesboro , NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Wilkes Regional Family Medicine	336-903-7870	200 W Park Circle # C, N. Wilkesboro, NC, 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Mountain View Medical Center	336-696-2711	PO Box 82 Hays, NC 28635	Monday-Friday 8:00am-5:00pm	Primary Care Physician
West Wilkes Medical Center	336-973-7050	171 W Wilkes Medical Center Rd Ferguson, NC 28624	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Boomer Medical Center	336-921-2273	156 Boomer Community Center Rd, Boomer, NC 28606	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Ashton Molai, D.O.	336-838-4184	200 W Park Cir # B N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Gastroenterology				
Wilkes Regional Gastroenterology	336-903-6820	1404 Willow Lane, Suite B, N. Wilkesboro, NC 28659	Monday-Thursday 8:30am-5:00pm Friday 8:30am-12:00pm	Specialized branch of medicine concerned with the structure, functions, diseases, and pathology of the stomach and intestines
General Surgery				
Alan Keys, M.D.	336-667-9300	233 Jefferson Street N. Wilkesboro, NC 28659	Monday-Friday 8:30am-5:00pm	General surgery
Wilkes Regional Surgical Specialists	336-651-8700	1915 West Park Drive Suite 101, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	General surgery
Wilkes Surgical Associates, PA	336-667-5146	1201 School Street Wilkesboro, NC 28697.	Monday-Friday 7:30am-5:00pm	General surgery

Surgical Associates	336-667-4718	408 8th St # 3 N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	General surgery
Internal Medicine				
Zbigniew Cichon, M.D.	336-838-1617	110 Jefferson Street Suite 103, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Greenway Health Care	336-667-0335	1404 Willow Lane, Suite A, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Medical Associates of Wilkes	336-651-2980	1919 West Park Drive, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Thomas McMahan, M.D.	336-667-2634	1710 Parkwood Drive, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Wilkes Adult Pediatric	336-838-9553	1915 West Park Drive Suite 103, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
WFUBMC Community Physicians	336-903-2900	1916 West Park Drive, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Pro-Care Medical Clinic	336-667-5846	627 West Park Circle, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Blue Ridge Cardiology and Internal Medicine	336-667-1001	1909 W Park Drive, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Riverside Medical Associates	336-667-5296	702 13th Street N Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Primary Care Physician
Nephrology				
Kidney Care	336-667-7995	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Thursday 8:30am-5:00pm Friday 8:30am-12:00pm	Specialized medicine with the kidneys, their structure, functions, or diseases
Neurology				
Northwest Neurology	336-838-7111	1520 Meadowview Dr Wilkesboro, NC 28697	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine related to the study of the nervous system especially in respect to its structure, functions, and abnormalities
Obstetrics & Gynecology				
Northwest Carolina Women's Center	336-667-2232	1405 Willow Lane N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine related to the study of birth and deals with the diseases and routine physical care of the reproductive system of women
Foothills Center for Women	336-667-8241	112 Boone Trail, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine related to the study of birth and deals with the diseases and routine physical care of the reproductive system of women
Wilkes Women's Care	336-667-7171	301 8th Street N. Wilkesboro, NC 28659	Monday-Thursday 8:30am-4:30pm Friday Closed	Specialized branch of medicine related to the study of birth and deals with the diseases and routine physical care of the reproductive system of women

Oncology				
Piedmont Hematology and Oncology	336-903-6362 or 336-277-8877	1913 West Parks Dr. N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine related to the study of the study of tumors and cancer.
Ophthalmology				
Wilkes Ophthalmologist	336-838-5121	408 8th St # 2 N. Wilkesboro, NC 28659	Monday-Friday 9:00am-5:00pm	Specialized branch of medicine concerned especially with examining the eye for defects and faults of refraction, with prescribing corrective lenses or eye exercises, with diagnosing diseases of the eye, and with treating such diseases or referring them for treatment
Orthopedics				
Orthopedic Specialist of Wilkes	336-903-7845	1917 W Park Dr, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeleton and associated structures (as tendons and ligaments)
Northwest Orthopedic Associates	336-667-5039	1914 W Park Dr, N. Wilkesboro, NC 28659	Monday-Thursday 8:30am-4:30pm Friday Closed	Specialized branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeleton and associated structures (as tendons and ligaments)
Pathology				
Wilkes Regional Medical Center	336-651-8100	1370 West D Street, N. Wilkesboro, NC 28659	Call for assistance	Specialized study of the essential nature of diseases and especially of the structural and functional changes produced by them
Pediatrics				
Wilkes Pediatric Clinic	336-903-0147	1925 W Park Dr. N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine concerned with medical care and treatment for children.
Medical Associates of Wilkes	336-651-2980	1919 West Park Drive, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine concerned with medical care and treatment for children.
Special Care-Special Kids	336-667-6444	702 13th St, North Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine concerned with medical care and treatment for children.
Podiatry				
Salem Foot Care	336-667-2015	1505 River St Wilkesboro NC 28697	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine concerned with the medical care and treatment of the human foot.
Urology				
Piedmont Urology	336-838-5655	200 West Park Circle Suite A N. Wilkesboro, NC 28659	Monday-Thursday 8:00am-5:00pm Friday 8:00am-1:00pm	Specialized branch of medicine dealing with the urinary or urogenital organs
Donald Peterson, M.D.	336-838-4158	1370 West D Street, N. Wilkesboro, NC 28659	Monday-Friday 8:00am-5:00pm	Specialized branch of medicine dealing with the urinary or urogenital organs
Vascular Surgery				
Wilkes Regional Surgical Specialists	336-651-8700	1915 West Park Drive Suite 101. N Wilkesboro, NC 28659	Call for assistance	Specialized branch of medicine relating to, constituting, or affecting a tube or a system of tubes for the transportation of a body fluid (as blood or lymph)

Transportation

Wilkes Transportation Authority	336-838-1272	235 Jefferson Street N Wilkesboro	Monday- Friday 8:30am-5:30pm	Wilkes Transportation Authority provides multi modal transportation options for residents of Wilkes county, Specializing in offering transportation alternatives to those with limited options in rural communities. Wilkes Transportation Authority can provide trips to anywhere in the state of North Carolina.
Youth at Risk				
Our House	336-667-5555	203 East Main Street, Wilkesboro, NC 28697	Call for availability	Birth to 17 years old, supervised visitation with Wilkes DSS, parenting classes, and free baby items can be received.
Communities In Schools	336-651-7830	613 Cherry Street N. Wilkesboro, NC 28659	Monday- Friday 8:00am-5:00pm	A one on one relationship with a caring adult, A safe place to learn and grow, A healthy start and a healthy future, a marketable skill to use upon graduation, A chance to give back to peers and community. Tutoring, dance, Friends of Youth, G.R.O.W, Lunch Buddies, new century Scholars, Sight for students, wise guys and smart girls/ teens pregnancy prevention
Eckerd of Boomer	336-921-3300	4654 High Rock Road Boomer, NC	Monday- Friday 8:00am-5:00pm	Eckerd is a short-term juvenile justice residential service with complete rehabilitative experience delivered in an average of 90 days to 36 male youth, ages 13 to 17, as referred by the north Carolina department of public Safety Division of Juvenile Justice. Call for more details
Wilkes County 4H	336-651-7330	201 Curtis Bridge Road, Suite A Wilkesboro, NC 28659	Monday- Friday 8:30am-5:00pm	Wilkes County 4-H offers monthly special interest programs, community clubs, and after school programs at eight community school.
Wilkes YMCA	336-838-3991	1918 West Park Drive, N. Wilkesboro, NC 28659	Monday-Friday 5:00am – 9:00pm Saturday: 8:00am – 6:00pm Sunday: 1:00pm – 6:00pm	The Wilkes Family YMCA is active in the local community and offers a wide range of programs for the whole family including swim lesson, before and after school care and you sports. The Y includes a comprehensive Wellness center with on- duty staff, group exercise programs, and silver Sneakers classes. Dedicated to social responsibility with efforts such as the Wilkes on Wheel, childhood obesity prevention program for under- served children in Wilkes County.